

Eastern Star Masonic Home

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Sausage Gravy & Biscuit Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Breakfast Boat Scrambled Eggs Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Sausage Gravy & Biscuit Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sausage Links Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Sausage,Egg,Cheese Biscuit Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Oranges/Prunes Milk, Coffee, Tea, Hot Cocoa	Omelet Hard Cooked Egg Oatmeal Choice Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Sliced Roast Beef Hot Pork Sandwich Mashed Potatoes & Gravy Roasted Carrots w/ Feta Cheese Potato Salad Fruit Cocktail Apple Pie with Vanilla Ice Cream Dinner Roll/Marg Milk, Coffee, Tea, Hot Cocoa	Reuben Sandwich Cheddar Ranch Chicken Italian Roasted Potatoes Cascade Vegetables Tossed Salad w/ Dressing Potato Chips Red Velveet Dessert Bread/Marg Milk, Coffee, Tea, Hot Cocoa Lemon Fruit Cup	Spaghetti/Sauce/Breadstick Herb Butter Pork Loin Scalloped Potatoes Nantucket Blend Toss Salad w/ Dressing Mandarin Orange Mist Sugar Free Orange Jello Candy Bar Cake Bread/Marg Milk, Coffee, Tea, Hot Cocoa	Turkey Pot Roast & Veggies Chicken Sliders (1 or 2) Mashed Potatoes & Gravy Cauliflower w/ Cheese Tossed Salad w/ Dressing Honey Dew Melon Apple Pear Crisp Bread/Marg Milk, Coffee, Tea, Hot Cocoa	Sour Cream Dill Chicken Honey Glazed Ham Rice Pilaf Buttered Peas Lois Hess Raspberry Salad Peaches Lemon Meringue Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Lemon Pepper Cod Beef & Noodles Baked Potato Vegetable Au Gratin Toss Salad w/ Dressing Tropical Fruit Brownie Batter Cheesecake Bread/Marg Milk, Coffee, Tea, Hot Cocoa	Goulash Roasted Turkey Breast Mashed Potatoes & Gravy Candied Yams Cranberry Sauce Country Style Apples Pumpkin Pie with Topping Bread/Marg Milk, Coffee, Tea, Hot Cocoa Potato Salad
D i n e r	Split Pea & Ham Soup Turkey Noodle Casserole Tuna Salad Monaco Vegetables Pineapple Ring with Cottage Cheese Nuttly Cone Bread/Marg Milk, Coffee, Tea, Hot Cocoa	Pasta Fajoli Soup Walking Taco Casserole Egg Salad Pacific Blend Aprictos Cottage Cheese Oreo Cookies Milk, Coffee, Tea, Hot Cocoa	Harvest Carrot Soup Layered Cobb Salad Ham Salad Creamed Peas Sliced Strawberries Lemon Blueberry Cake Sugar Free Lemon Pudding Milk, Coffee, Tea, Hot Cocoa	Corn Chowder Gumbo Burgers Chicken Salad Pasta Salad Sweet Garlic Carrots Plums Macadamia Nut Cookie Milk, Coffee, Tea, Hot Cocoa	Cream of Tomato Soup Grilled Cheese Sandwich Turkey Salad Scalloped Corn Potato Chips Strawberry Jello SF Strawberry Jello Milk, Coffee, Tea, Hot Cocoa Fruit Cocktail	French Onion Soup Chicken Parmesan Bites Egg Salad Baby Carrots Diced Mangos Cottage Cheese Chocolate Éclair Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Augratin Potatoes with Ham Beef Salad Green Beans Pears Cottage Cheese Ice Cream Sundaes Milk, Coffee, Tea, Hot Cocoa