

Eastern Star Masonic Home

Week 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy & Biscuit Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Sausage Links Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cinnamon Rolls	French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Apple Turnover	Fried Egg Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Oranges/Prune Milk, Coffee, Tea, Hot Cocoa	Fried Eggs Sliced Bacon Choice Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cream of Rice
L u n c h	Fried Chicken Breaded Pork Chop Mashed Potatoes & Gravy Choice of Bread w/ Margarine French Green Beans Riviera Blend Vegetables Pink Ambrosia Salad Tossed Salad Pecan Pie Vanilla Ice Cream Milk, Coffee, Tea, Hot Cocoa	Beef Brisket Sage Chicken Breast O'Brien Potatoes Choice of Bread w/ Margarine Corn Squash Lemon Fruit Cup Tossed Salad German Chocolate Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Mexican Casserole Sliced Pork Roast Mini Bakers Choice of Bread w/ Margarine Cauliflower w/ Cheese Sicilian Blend Vegetables Pea Salad Tossed Salad French Silk Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Hot Turkey Sandwich Tater Tot Casserole Mashed Potatoes & Gravy Choice of Bread w/ Margarine Malibu Blend Vegetables Lemon Glazed Carrots Cinnamon Apple Slices Tossed Salad Strawberry Layer Dessert Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Sliced Roast Beef Onion Fried Chicken Breast Mashed Potatoes & Gravy Choice of Bread w/ Margarine Green Beans Stewed Tomatoes Macaroni Salad Tossed Salad Congo Bars Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Spaghetti & Meatballs Scrod Cod Choice of Bread w/ Margarine Breadstick Seasoned Potato Wedges Peas & Carrots Coleslaw Peaches Tossed Salad Banana Cream Pie Milk, Coffee, Tea, Hot Cocoa	Beef Stroganoff Ranch Pork Filet Mashed Potatoes & Gravy Choice of Bread w/ Margarine Scalloped Corn Broccoli Fruit Cocktail Tossed Salad Cherry Orchard Bar Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Boston Clam Chowder Grilled Hot Ham & Cheese Egg Salad Nantucket Blend Vegetables Apricots w/ Cottage Cheese Nutty Ice Cream Cone Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cheddar Baked Potato Soup BBQ Pork on a Bun Chicken Salad Scandinavian Blend Vegetables Garden Cottage Cheese Applesauce Chocolate Chip Cookie Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Creamed Eggs over Toast Beef Salad Italian Vegetables Fruit Cocktail Variety of Sherbet Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Hearty Chili w/ Cornbread Grilled Cheese Sandwich Tuna Salad Corn Stir-Fry Blend Vegetables Peaches Blueberry Crisp Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Vegetable Cheese Soup Macaroni & Cheese with Ham Turkey Salad Caribbean Vegetables Pineapple Ring Frosted Cupcakes Sugar Free Pudding Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Split Pea & Ham Soup Southern Chicken Strip Egg Salad Wax Beans Mixed Vegetables Grandma's Cake Bar Sugar Free Pudding Cottage Cheese Milk, Coffee, Tea, Hot Cocoa	Cream of Potato Soup Mozzarella Chicken Garlic Buttered Bow Tie Noodle Peas Pears Cottage Chese Peanut Butter Chip Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa