

Eastern Star Masonic Home

Week 6	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Long John Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Poached Egg Malt o Meal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs w/ Cheese Oatmeal Choice of Cold Cereal Choice of Toast Cinnamon Raisin Bread Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage/Egg/Cheese Muffin Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Baked Ham Manicotti w/ Meatsauce Glazed Sweet Potatoes Choice of Bread w/ Margarine Butter Beans Riviera Blend Vegetable Strawberry Ripple Salad Sugar Free Gelatin Tossed Salad/Dressing Peach Pie Milk, Coffee, Tea, Hot Cocoa	Parmesan Pork Chop Rosemary Chicken Mashed Potatoes & Gravy Choice of Bread w/ Margarine Baby Carrots Baja Vegetables Cottage Cheese w/ Apricots Tossed Salad/Dressing Pumpkin Bars Milk, Coffee, Tea, Hot Cocoa	Country Fried Steak BBQ Ribs Mashed Potatoes and Gravy Choice of Bread w/ Margarine Caribbean Vegetables Cauliflower Grapefruit/Mandarin Salad Tossed Salad/Dressing Raspberry Cake Ice Cream Milk, Coffee, Tea, Hot Cocoa	Minute Steak w/ Gravy Sweet & Sour Chicken w/ Rice Mashed Potatoes Choice of Bread w/ Margarine Peas Egg Rolls Shrimp Salad Tossed Salad/Dressing Cookies & Cream Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Ranch Chicken Sliced Roast Beef Baked Potato Choice of Bread w/ Margarine Glazed Carrots Wax Beans & Pimentos Broccoli Craisin Salad Tossed Salad/Dressing Apple Crisp Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Roast Turkey Lemon Pepper Tilapia Filet Mashed Potatoes & Gravy Choice of Bread w/ Margarine Mandarin Citrus Vegetables Dilled Green Beans Eagle Macaroni Salad Tossed Salad/Dressing Fluffy Strawberry Dessert Milk, Coffee, Tea, Hot Cocoa	Honey BBQ Drumsticks Glazed Ham Balls Au Gratin Potatoes Choice of Bread w/ Margarine Sliced Carrots Spinach Lime Gelatin Tossed Salad/Dressing Carrot Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Wisconsin Cheese Soup Taco Burger w/ Fixings Beef Salad Corn Zucchini Fruit Cocktail Lemon Bar Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cream of Cauliflower Soup Deli Sandwich Roast Beef w/ Gravy Scandinavian Vegetables Diced Peaches Ranger Cookie Fruited Yogurt Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Chicken Noodle Soup Macaroni & Cheese w/ Ham Tuna Salad Chuck Wagon Corn Cozumel Pears Sugar Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cheeseburger Chowder Sliced Turkey Mashed Potatoes & Gravy Capri Vegetables Apricots Snickerdoodle Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Broccoli Cheese Soup Reuben Sandwich Egg Salad French Green Beans Snap Peas Cottage Cheese Fruit Salad Smore Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Fish Planks Chicken Salad Normandy Vegetables Tomato & Cucumber Salad Apricots Chocolate Ice Cream Milk, Coffee, Tea, Hot Cocoa	Tomato Soup Maid-Rite Sandwich Ham Salad Cantoneese Vegetables Squash Raspberry Peaches Peanut Butter Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa