

# Eastern Star Masonic Home

Week 6	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B r e a k f a s t</b>	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Long John Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs Malt o Meal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs w/ Cheese Oatmeal Choice of Cold Cereal Choice of Toast Cinnamon Raisin Bread Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage/Egg/Cheese Muffin Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
<b>L u n c h</b>	Baked Ham Fried Chicken Mashed Potatoes & Gravy Dinner Roll/Marg Butter Beans Riviera Blend Vegetable Strawberry Ripple Salad Sugar Free Gelatin Tossed Salad/Dressing Peach Pie Milk, Coffee, Tea, Hot Cocoa	Sliced Roast Beef Potato Chip Crusted Chicken Mashed Potatoes & Gravy Choice of Bread w/ Margarine Catalina Carrots Baja Vegetables Cottage Cheese w/ Apricots Creamy Coleslaw Pumpkin Bars Milk, Coffee, Tea, Hot Cocoa	Country Fried Steak BBQ Ribs Mashed Potatoes and Gravy Choice of Bread w/ Margarine Caribbean Vegetables Cauliflower Grapefruit/Mandarin Salad Tossed Salad/Dressing Apple Spice Cake/Frosting Milk, Coffee, Tea, Hot Cocoa	Cube Steak Mushroom/Onion Gravy Sweet & Sour Chicken over Rice Mashed Potatoes & Gravy Choice of Bread w/ Margarine Peas Egg Rolls Potato Salad Tossed Salad/Dressing Assorted Desserts Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Honey Mustard Pork Loin Sliced Roast Beef Mashed Potatoes & Gravy Choice of Bread w/ Margarine Vegetables Au Gratin Wax Beans & Pimentos Broccoli Craisin Salad Tossed Salad/Dressing Apple Crisp Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Ham & Beans /Cornbread Lemon Pepper Tilapia Filet Baked Potato Choice of Bread w/ Margarine Chalet Vegetable Blend Dilled Green Beans Eagle Macaroni Salad Toss Salad/Dressing Raspberry Crumb Bar Milk, Coffee, Tea, Hot Cocoa	Honey BBQ Drumsticks Ham Loaf Au Gratin Potatoes Choice of Bread w/ Margarine Sliced Carrots Spinach Lime Gelatin Tossed Salad/Dressing Carrot Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
<b>D i n n e r</b>	Wisconsin Cheese Soup Pork Carnita Beef Salad Corn Zucchini Fruit Cocktail Lemon Bar Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cream of Cauliflower Soup Sliced Turkey w/ Gravy Chicken Salad Scandinavian Vegetables Diced Peaches Ranger Cookie Fruited Yogurt Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Chicken Noodle Soup Reuben Sandwich Tuna Salad Chuck Wagon Corn Asparagus Mangos Sugar Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cheeseburger Chowder Ham Steak Mashed Potatoes & Gravy Capri Vegetables Apricots Snickerdoodle Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Broccoli Cheese Soup Macaroni & Cheese w/ Ham Egg Salad French Green Beans Snap Peas Cottage Cheese Fruit Salad Bread Pudding Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup BBQ Riblet on a Biscuit Chicken Salad Normandy Vegetables Tomato & Cucumber Salad Fruit Cocktail Chocolate Ice Cream Milk, Coffee, Tea, Hot Cocoa	Grilled Cheese Tomato Soup Maid-Rite Sandwich Ham Salad Stir Fry Vegetables Squash Raspberry Peaches Peanut Butter Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa