

Eastern Star Masonic Home

| Week 7 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|---|--|
| B r e a k f a s t | Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Donut Holes Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Fried Egg Sausage Patty Fried Potatoes Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Sausge Gravy over Biscuit Scrambled Eggs Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Raisin Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa |
| L u n c h | Pork Chops Homemade Sage Dressing Sliced Turkey Mashed Potatoes & Gravy Dinner Roll Green Beans Diced Carrots Honey Citrus Cup Toss Salad Blueberry Pie Milk, Coffee, Tea, Hot Cocoa | Roast Beef Chicken Thigh Mashed Potatoes & Gravy Choice of Bread w/ Margarine Pacific Blend Vegetables Buttered Squash Coleslaw Apricots Tossed Salad/Dressing Peach Cobbler Bar Milk, Coffee, Tea, Hot Cocoa | Teriyaki Beef Steak Homemade Lasagna/Garlic Bread Mashed Potatoes & Gravy Choice of Bread/Margarine Creamed Peas California Blend Vegetables Tossed Salad Peaches Key Lime Pie Milk, Coffee, Tea, Hot Cocoa | Glazed Ham Turkey Pot Roast Au Gratin Potatoes Choice of Bread w/ Margarine Baked Onions Sunshine Carrots Blueberry Gelatin Salad Tossed Salad Salted Caramel Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | BBQ Chicken Breast Pork Wing Baked Potato Choice of Bread w/ Margarine Cauliflower Cheddar Corn Casserole Creamy Cucumbers Tossed Salad Frosted Chocolate Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Roast Beef Lemon Pepper Cod Mashed Potatoes & Gravy Choice of Bread w/Margarine Slice Carrots Corn Pears Tossed Salad Custard Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Pizza Casserole Veal Piccata Roasted Potato Medley Choice of Bread w/ Margarine Broccoli w/ Cheese Peas & Pearl Onions Mandarin Oranges Tossed Salad Glazed Spice Cake Milk, Coffee, Tea, Hot Cocoa |
| D i n e r | Italian Wedding Soup Polish Sausage w/ Kraut Egg Salad Peas Fruit Cocktail Cottage Cheese Ice Cream Bar Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa | Cauliflower Cheese Soup Tater Tot Casserole Chicken Salad Sliced Beets Buttered Beans Pineapple Ring/Cottage Cheese Chocolate Chip Cookie Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa | Loaded Potato Soup Chicken Strips Tuna Salad Capri Vegetables Spinach Pears Cottage Cheese Butterscotch Pudding Milk, Coffee, Tea, Hot Cocoa | California Medley Soup Gumbo Burger Beef Salad Garden Blend Vegetables Cottage Cheese Scotcharoo's Sugar Free Pudding Applesauce Milk, Coffee, Tea, Hot Cocoa | Zuppa Soup Scrambled Eggs Bacon Toast Breakfast Potatoes Cottage Cheese Blueberry Muffins Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Minestrone Soup Chicken Rice Casserole Egg Salad French Green Beans Peaches Cottage Cheese Chocolate Pudding Milk, Coffee, Tea, Hot Cocoa | Tomato Florentine Soup Cheeseburger w/ Fixings Baked Beans Mixed Vegetables Potato Salad Vanilla Orange Parfait SF Pudding/Yogurt Milk, Coffee, Tea, Hot Cocoa |