

Eastern Star Masonic Home

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Hard Cooked Egg Poached Egg Oatmeal Choice of Cold Cereal Choice of Toast Donut Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Fried Egg Sliced Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sausage Link Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs w/ Cheese Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Fried Egg Sausage Patty Choice of Cold Cereal Choice of Toast Assorted Muffins Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy over Biscuit Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Fried Chicken Baked Ham Mashed Potatoes & Gravy Dinner Roll Green Bean Casserole Buttered Squash BLT Pasta Salad Tossed Salad Dutch Apple Pie Vanilla Ice Cream Milk, Coffee, Tea, Hot Cocoa	Sliced Turkey Breast Swiss Steak Flame Roasted Potatoes Choice of Bread w/ Margarine Glazed Baby Carrots Italian Beans Fruit Cocktail Toss Salad/Dressing Frosted Choc Chip Brownies Milk, Coffee, Tea, Hot Cocoa	Country Fried Steak Smothered Pork Chop Mashed Potatoes & Gravy Choice of Bread w/ Margarine Honey Orange Beets Mixed Vegetables Ambrosia Salad Tossed Salad Chips Galore Sandwich Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Baked Garlic Parmesan Chicken Glazed Meatloaf Mashed Potatoes & Gravy Choice of Bread w/ Margarine Baked Onions French Green Beans Peaches Tossed Salad Strawberry Shortcake w/ Topping Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Roast Beef Smokehouse Maple Pork Loin Mashed Potatoes & Gravy Choice of Bread w/ Margarine Key West Vegetable Blend Brussel Sprouts Bacon Cauliflower Salad Pears Tossed Salad Peach Pie Milk, Coffee, Tea, Hot Cocoa	Orange Glazed Ham Flounder Mashed Potatoes & Gravy Choice of Bread w/Margarine Green Beans Corn Garden Cottage Cheese Salad Tossed Salad Strawberry Rhubarb Ice Cream Milk, Coffee, Tea, Hot Cocoa	Broccoli/Cheese Stuffed Chicken Baked Potato Bar Rice Pilaf Choice of Bread w/ Margarine Wax Beans Peas Fruit Cocktail Tossed Salad Carrot Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
D i n e r	Cream of Broccoli Soup BBQ Rib Patty on Bun Chicken Salad Peas Peaches Cherry Nut Cake Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Vegetable Beef Barley Soup Calico Bean Casserole Tuna Salad Asparagus Cottage Cheese/Citrus Salad Sugar Cookie Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Cream of Tomato Soup Creamed Chipped Beef/Toast Ham Salad Buttered Corn Mandarin Oranges Spiced Apple Dessert SF Pudding/Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Wisconsin Cheese Soup Beef & Bean Burrito Capri Vegetables Turkey Salad Fruit Cocktail Sherbet Cups Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Chicken & Noodles over Mashed Potatoes Broccoli Beef Salad Tossed Salad Monster Bars Apricots Milk, Coffee, Tea, Hot Cocoa	Garden Vegetable Soup Chicken Strips Egg Salad Mixed Vegetables Banana Pudding/SF Pudding Peaches Cottage Cheese Milk, Coffee, Tea, Hot Cocoa	Lumberjack Soup Sloppy Joe Ham Salad Cream Corn or Winter Mix Cottage Cheese Fruit Plate Oatmeal Raisin Cookie SF Pudding/ Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa