

# Eastern Star Masonic Home

Week 7	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B r e a k f a s t</b>	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Donut Holes Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Fried Egg Sausage Patty Fried Potatoes Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausge Gravy over Biscuit Scrambled Eggs Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Raisin Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
<b>L u n c h</b>	Pork Chops Homemade Sage Dressing Sliced Turkey Mashed Potatoes & Gravy Dinner Roll Green Beans Diced Carrots Honey Citrus Cup Toss Salad Blueberry Pie Milk, Coffee, Tea, Hot Cocoa	Roast Beef Chicken Thigh Mashed Potatoes & Gravy Choice of Bread w/ Margarine Pacific Blend Vegetables Buttered Squash Coleslaw Apricots Tossed Salad/Dressing Peach Cobbler Bar Milk, Coffee, Tea, Hot Cocoa	Western Steak Homemade Lasagna/Garlic Bread Baked Potato Choice of Bread/Margarine Creamed Peas California Blend Vegetables Tossed Salad Peaches Key Lime Pie Milk, Coffee, Tea, Hot Cocoa	Glazed Ham Sliced Turkey Au Gratin Potatoes Choice of Bread w/ Margarine Baked Onions Sunshine Carrots Blueberry Gelatin Salad Tossed Salad Salted Caramel Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	BBQ Chicken Breast Pork Wing Mashed Potatoes & Gravy Choice of Bread w/ Margarine Cauliflower Spinach Creamy Cucumbers Tossed Salad Frosted Chocolate Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Roast Beef Lemon Pepper Cod Mashed Potatoes & Gravy Choice of Bread w/Margarine Trio Vegetables Corn Pears Tossed Salad Custard Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Beef & Potato Casserole Spaghetti & Meatballs Breadstick Choice of Bread/Margarine Peas & Pearl Onions Broccoli w/ Cheese Mandarin Oranges Tossed Salad Glazed Spice Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
<b>D i n e r</b>	Italian Wedding Soup Polish Sausage w/ Kraut Egg Salad Peas Fruit Cocktail Cottage Cheese Ice Cream Bar Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Cauliflower Cheese Soup Tater Tot Casserole Chicken Salad Sliced Beets Buttered Beans Pineapple Ring/Cottage Cheese Chocolate Chip Cookie Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Loaded Potato Soup Chicken Strips Tuna Salad Capri Vegetables Corn Pears Cottage Cheese Butterscotch Pudding Milk, Coffee, Tea, Hot Cocoa	California Medley Soup Gumbo Burger Beef Salad Cozumel Blend Vegetables Cottage Cheese Scotcharoo's Sugar Free Pudding AppleSauce Milk, Coffee, Tea, Hot Cocoa	Chicken Torellini Soup Scrambled Eggs Bacon & Toast Breakfast Potatoes Blueberry Muffin Cherry Cheesecake Cottage Cheese Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Alaskan Pollock Chicken Rice Casserole Egg Salad French Green Beans Toss Salad Cottage Cheese w/ Peaches Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Tomato Florentine Soup Cheeseburger w/ Fixings Hickory Baked Beans Mixed Vegetables Potato Salad Vanilla Orange Parfait SF Pudding/Yogurt Milk, Coffee, Tea, Hot Cocoa