

Eastern Star Masonic Home

| Week 7 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|---|---|--|
| B r e a k f a s t | Poached Egg Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Donut Holes Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Scrambled Eggs w/ Cheese Hard Cooked Egg Malt O Meal Cereal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Fried Egg Sausage Patty Fried Potatoes Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa | Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Raisin Bread Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Glazed Donut | Sausage Gravy over Biscuit Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa |
| L u n c h | Pork Chops w/ Stuffing Sliced Turkey Mashed Potatoes & Gravy Dinner Roll Green Beans Diced Carrots Honey Citrus Cup Tossed Salad Blueberry Pie Milk, Coffee, Tea, Hot Cocoa | Roast Beef Chicken Thigh Mashed Potatoes & Gravy Choice of Bread w/ Margarine Pacific Blend Vegetables Buttered Squash Coleslaw Apricots Tossed Salad/Dressing Peach Cobbler Bar Milk, Coffee, Tea, Hot Cocoa | Western Steak Homemade Lasagna/Garlic Bread Baked Potato Choice of Bread/Margarine Creamed Peas California Blend Vegetables Tossed Salad Peaches Key Lime Pie Milk, Coffee, Tea, Hot Cocoa | Glazed Ham Sliced Turkey Au Gratin Potatoes Choice of Bread w/ Margarine Baked Onions Sunshine Carrots Acini De Pepe Fruit Salad Tossed Salad Salted Caramel Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | BBQ Chicken Breast Pork Wing Mashed Potatoes & Gravy Choice of Bread w/ Margarine Cauliflower Spinach Creamy Cucumbers Tossed Salad Pineapple Upsidedown Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Roast Beef Lemon Pepper Cod Mashed Potatoes & Gravy Choice of Bread w/Margarine Trio Vegetables Corn Pears Tossed Salad Custard Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Beef & Potato Casserole Spaghetti & Meatballs Breadstick Choice of Bread/Margarine Peas & Pearl Onions Broccoli w/ Cheese Berry Salad Tossed Salad Glazed Spice Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa |
| D i n n e r | Italian Wedding Soup Polish Sausage w/ Kraut Egg Salad Peas Fruit Cocktail Cottage Cheese Ice Cream Bar Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa | Cauliflower Cheese Soup Tater Tot Casserole Chicken Salad Sliced Beets Buttered Beans Pineapple Ring/Cottage Cheese Chocolate Chip Cookie Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa | Loaded Potato Soup Chicken Strips Tuna Salad Capri Vegetables Corn Pears Cottage Cheese Butterscotch Pudding Milk, Coffee, Tea, Hot Cocoa | California Medley Soup Gumbo Burger Beef Salad Cozumel Blend Vegetables Cottage Cheese Scotcharoo's Sugar Free Pudding AppleSauce Milk, Coffee, Tea, Hot Cocoa | Shrimp & Corn Chowder Scrambled Eggs Bacon & Toast Breakfast Potatoes Blueberry Muffin Cherry Cheesecake Cottage Cheese Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Minestrone Chicken Tetrzzini Egg Salad French Green Beans Diced Peaches Cottage Cheese Vanilla Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa | Tomato Florentine Soup Cheeseburger w/ Fixings Hickory Baked Beans Mixed Vegetables Potato Salad Vanilla Orange Parfait SF Pudding/Yogurt Milk, Coffee, Tea, Hot Cocoa |