

Eastern Star Masonic Home

Week 7	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Fried Egg Sausage Patty Fried Potatoes Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy over Biscuit Scrambled Eggs Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Raisin Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Pork Chops Homemade Sage Dressing Sliced Turkey Mashed Potatoes & Gravy Dinner Roll Green Beans Diced Carrots Honey Citrus Cup Toss Salad Blueberry Pie Milk, Coffee, Tea, Hot Cocoa	Roast Beef Chicken Thigh Mashed Potatoes & Gravy Choice of Bread w/ Margarine Pacific Blend Vegetables Buttered Squash Coleslaw Apricots Tossed Salad/Dressing Peach Cobbler Bar Milk, Coffee, Tea, Hot Cocoa	Teriyaki Beef Steak Homemade Lasagna/Garlic Bread Mashed Potatoes & Gravy Choice of Bread/Margarine Creamed Peas California Blend Vegetables Tossed Salad Peaches Key Lime Pie Milk, Coffee, Tea, Hot Cocoa	Glazed Ham Turkey Pot Roast Au Gratin Potatoes Choice of Bread w/ Margarine Baked Onions Sunshine Carrots Blueberry Gelatin Salad Tossed Salad Salted Caramel Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Roast Beef Pork Wing Mashed Potatoes & Gravy Choice of Bread w/ Margarine Cauliflower Cheddar Corn Casserole Creamy Cucumbers Tossed Salad Frosted Chocolate Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	BBQ Chicken Breast Lemon Pepper Cod Baked Potato Mashed Potatoes & Gravy Choice of Bread w/ Margarine Slice Carrots Corn Pears Tossed Salad Custard Pie Milk, Coffee, Tea, Hot Cocoa	Beef Philly Casserole Marinated Turkey Fillet Mashed Potatoes & Gravy Choice of Bread w/ Margarine Broccoli w/ Cheese Peas & Pearl Onions Mandarin Oranges Tossed Salad Glazed Spice Cake Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Italian Wedding Soup Polish Sausage w/ Kraut Egg Salad Peas Fruit Cocktail Cottage Cheese Ice Cream Bar Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Cauliflower Cheese Soup Tater Tot Casserole Chicken Salad Sliced Beets Buttered Beans Pineapple Ring/Cottage Cheese Chocolate Chip Cookie Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Loaded Potato Soup Chicken Strips Tuna Salad Capri Vegetables Spinach Pears Cottage Cheese Butterscotch Pudding Milk, Coffee, Tea, Hot Cocoa	California Medley Soup Gumbo Burger Beef Salad Garden Blend Vegetables Cottage Cheese Scotcharoo's Sugar Free Pudding Applesauce Milk, Coffee, Tea, Hot Cocoa	Zuppa Soup Scrambled Eggs Bacon Toast Breakfast Potatoes Cottage Cheese Blueberry Muffins Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Chicken Rice Casserole Egg Salad French Green Beans Peaches Cottage Cheese Chocolate Pudding Milk, Coffee, Tea, Hot Cocoa	Tomato Florentine Soup Dr Pepper Meatballs Baked Beans Mixed Vegetables Potato Salad Vanilla Orange Parfait SF Pudding/Yogurt Milk, Coffee, Tea, Hot Cocoa