

Eastern Star Masonic Home

Week 7	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs w/ Cheese Hard Cooked Egg Cream of Wheat Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Malt o Meal	Sausage, Egg, Cheese Biscuit Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cream of Wheat	Sausage Gravy over Biscuit Scrambled Eggs Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Scrambled Eggs w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Cream Chicken over Biscuit Beef Brisket Mashed Potatoes & Gravy Dinner Roll Diced Carrots Green Beans Toss Salad Sliced Apples Blueberry Pie Milk, Coffee, Tea, Hot Cocoa	Pork Wing Cheese Manicotti/Garlic Knot Mashed Potatoes & Gravy Choice of Bread w/ Margarine Pacific Blend Vegetables Squash Apricots Coleslaw Birthday Cake Bombs Milk, Coffee, Tea, Hot Cocoa	Chicken Kiev Turkey Mashed Potatoes & Gravy Fresh Baked Bread w/ Margarine Creamed Peas California Blend Vegetables Tossed Salad Peaches Key Lime Pie Milk, Coffee, Tea, Hot Cocoa	Roast Beef Salmon with Lemon Sauce Mashed Potatoes & Gravy Choice of Bread w/ Margarine Dilled Rice Baby Carrots Fruit Medley Blend Tossed Salad Magic Cookie Bar Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Glazed Ham Apple Cider Glazed Chicken Thighs Mashed Potatoes & Gravy Choice of Bread w/ Margarine Parslied Cauliflower Green Beans w/ Bacon Creamy Cucumbers Tropical Fruit Frosted Chocolate Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Smoked Potato Casserole Lemon Pepper Cod Wild Rice Soft Baked Dinner Roll/Marg Slice Carrots Riviera Blend Pears Tossed Salad Strawberry Shortcake Milk, Coffee, Tea, Hot Cocoa	Western Steak Pork Loin Mashed Potatoes & Gravy Choice of Bread w/ Margarine Broccoli w/ Cheese Peas & Pearl Onions Mandarin Oranges Tossed Salad Glazed Spice Cake Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Italian Wedding Soup Polish Sausage w/ Kraut Egg Salad Peas Fruit Cocktail Cottage Cheese Ice Cream Bar Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Cauliflower Cheese Soup Tater Tot Casserole Beef Salad Sliced Beets Buttered Beans Pineapple Ring/Cottage Cheese Chocolate Chip Cookie Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Loaded Potato Soup Chicken Parmesan Bites Ham Salad Capri Vegetables Spinach Pears Cottage Cheese Butterscotch Pudding Milk, Coffee, Tea, Hot Cocoa	California Medley Soup Tavern Burger Tuna Salad Winter Blend Vegetables Cottage Cheese Scotchardoo's Sugar Free Pudding Applesauce Milk, Coffee, Tea, Hot Cocoa	Jambalya Soup w/ Chicken & Ham Cheese Omelet Sausage Links Toast Hash Browns Cherry Cheesecake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Cheeseburger/Chips Egg Salad French Green Beans Mangos Cottage Cheese Chocolate Pudding Milk, Coffee, Tea, Hot Cocoa	Tomato Florentine Soup Creamed Chipped Beef/Toast Ham Salad Mixed Vegetables Fresh Raspberries M & M Cookie SF Pudding/Yogurt Milk, Coffee, Tea, Hot Cocoa