

# Eastern Star Masonic Home

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4</b>							
<b>B r e a k f a s t</b>	Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy & Biscuit Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Pancakes Sausage Links Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Sticky Rolls Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Oranges/Prunes Milk, Coffee, Tea, Hot Cocoa	Scram Eggs w/ Cheese Hard Cooked Eggs Choice Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal
<b>L u n c h</b>	Tater Tot Casserole Pork Chops w/ Sour Cream Gravy Mashed Potatoes & Gravy Dinner Roll w/ Marg Riviera Blend Vegetables Fruit Medley Tossed Salad French Silk Pie Milk, Coffee, Tea, Hot Cocoa	Chicken Alfredo/Breadstick Tamale Pie Mashed Potatoes & Gravy Choice of Bread w/ Margarine Country Trio Squash Lemon Fruit Cup Toss Salad Black Forest Parfait Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Roast Beef Garlic Roasted Pork Loin Mashed Potatoes & Gravy Choice of Bread w/ Margarine Sicilian Blend Vegetables Pea Salad Toss Salad Raspberry Cheesecake Fluff Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Swiss Steak Fried Chicken Mashed Potatoes & Gravy Dinner Roll w/ Marg Malibu Vegetables Lemon Glazed Carrots Tropical Fruit Tossed Salad Cherry Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Beef Tacos w/ Fixings Honey Glazed Ham Mashed Potatoes & Gravy Choice of Bread w/ Margarine Fiesta Rice Street Corn Toss Salad w/ Dressing Fresh Cut Melon Candy bar Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Hot Turkey Sandwich Scrod Cod Choice of Bread w/ Margarine Mashed Potatoes & Gravy Asparagus Peas & Carrots Coleslaw Peaches Banana Split Fluff Milk, Coffee, Tea, Hot Cocoa	Spaghetti w/ Meatballs Firebraised Pork Ribs Mashed Potatoes & Gravy Choice of Bread w/ Margarine Cauliflower Broccoli Fruit Cocktail Potato Salad White Cake w/ Frosting Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
<b>D i n e r</b>	Chicken & Noodle Soup Shredded Beef Enchilada Tuna Salad Nantucket Blend Vegetables Apricots Nutty Cone Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cheddar Baked Potato Soup BBQ Pork on Slider Bun Scandinavian Blend Vegetable Chicken Salad Ruffle Potato Chips Applesauce Strawberry Jello Milk, Coffee, Tea, Hot Cocoa	Minestrone Soup Chicken Tenders Egg Salad Italian Vegetables Fruit Cocktail Vanilla Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Hearty Chili Macaroni & Cheese Tuna Salad Monaco Blend Vegetable Dark Sweet Cherries Ranger Cookie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Split Pea w/ Ham Soup Sloppy Joe w/ Tots Ham Salad Cascade Vegetables Pineapple Chunks Vanilla Ice Cream Cup Milk, Coffee, Tea, Hot Cocoa	Vegetarian Vegetable Soup Fish Sticks Beef Salad Key West Blend Spiced Apple Rings Lemon Pudding Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Cream of Tomato Soup Grilled Cheese Sandwich Ham Salad Mixed Vegetables Pears Cottage Cheese Sugar Cookie Milk, Coffee, Tea, Hot Cocoa