

Eastern Star Masonic Home

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Hard Cooked Egg Scrambled Eggs Oatmeal Choice of Cold Cereal Choice of Toast Cinnamon Raisin Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs with Cheese Sliced Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cream of Wheat	French Toast Sausage Link Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Malt o Meal	Hard Cooked Egg Scrambled Eggs Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Cheese Omelet Sausage Patty Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Sausage Gravy over Biscuit Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cream of Wheat
L u n c h	Garlic Parmesan Chicken Baked Ham Mashed Potatoes & Gravy Dinner Roll Cream Cheese Green Beans Buttered Squash BLT Pasta Salad Tossed Salad Apple Pie Milk, Coffee, Tea, Hot Cocoa	Sliced Turkey Breast Beef Stew w/ Cheddar Biscuit Mashed Potatoes & Gravy Choice of Bread w/ Margarine Lemon Glazed Carrots Italian Beans Fruit Cocktail Dill Green Bean Salad Shirley Temple Cake Milk, Coffee, Tea, Hot Cocoa	Country Fried Steak Buttered Cracker Pork Chops Mashed Potatoes & Gravy Fresh Baked Bread w/ Marg Honey Orange Beets Mixed Vegetables Ranch Coleslaw Peaches Assorted Ice Cream Novelties Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Grandma's Goulash Glazed Meatloaf Mashed Potatoes & Gravy Choice of Bread w/ Margarine Baked Onions French Green Beans Pears Tossed Salad Chocolate Cream Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Roast Beef Slow Baked BBQ Sticky Ribs Mashed Potatoes & Gravy Choice of Bread w/ Margarine Key West Vegetable Blend Brussel Sprouts Bacon Cauliflower Salad Mandarin Oranges Pumpkin Cake w/ Glaze Milk, Coffee, Tea, Hot Cocoa	Porcupine Meatballs Potato Crusted Cheddar Cod Mashed Potatoes & Gravy Dinner Roll w/ Margarine Green Beans Corn Dark Sweet Cherries Tossed Salad Reese's Peanut Butter Cookie Milk, Coffee, Tea, Hot Cocoa	Broccoli/Cheese Stuffed Chicken Smokehouse Pork Loin Rice Pilaf Choice of Bread w/ Margarine Wax Beans Peas Fruit Cocktail Macaroni Salad Carrot Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa
D i n e r	Cream of Broccoli Soup BBQ Riblet on Bun Egg Salad Peas Peaches Rice Krispie Treat Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Vegetable Beef Barley Soup Bubble Pizza Tuna Salad Asparagus Cottage Cheese Citrus Salad Butter Pecan Cookie Milk, Coffee, Tea, Hot Cocoa	Cream of Tomato Soup Calico Bean Casserole Ham Salad Buttered Corn Mandarin Oranges Strawberry Ice Cream Cup SF Pudding/Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Wisconsin Cheese Soup Corned Beef & Cabbage Capri Vegetables Tuna Salad Fruit Cocktail Cherry Cobbler Milk, Coffee, Tea, Hot Cocoa	Cheesy Chicken Chowder Sloppy Joe Broccoli Beef Salad Spiced Apple Ring Monster Bars Apricots Milk, Coffee, Tea, Hot Cocoa	Chicken & Noodles over Mashed Potatoes Egg Salad Winter Mix Banana Pudding/SF Pudding Peaches Cottage Cheese Milk, Coffee, Tea, Hot Cocoa	Lumberjack Soup Tuna Noodle Casserole Ham Salad Mixed Vegetables Cottage Cheese Fruit Plate Oatmeal Raisin Cookie SF Pudding/ Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa