

Eastern Star Masonic Home

Week 5	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Cream of Wheat Choice of Cold Cereal Choice of Toast Assorted Danish Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy & Biscuit Oatmeal Choice of Cold Cereal Choice of Toast Raisin Bread Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs w/ Cheese Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	French Toast Sausage Patty Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Oatmeal	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Juice Choice of Toast Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cream of Rice
L u n c h	Roast Beef Turkey Breast Mashed Potatoes & Gravy Carrots Riviera Vegetables Dark Sweet Cherries Toss Salad/Dressing Strawberry Shortcake Dinner Roll Milk, Coffee, Tea, Hot Cocoa	Mustard Glazed Pork Loin Swedish Meatballs Mashed Potatoes & Gravy Choice of Bread & Marg Caramelized Butternut Squash Broccoli Peaches Toss Salad/Dressing Strawberry Mousse Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Taco Pasta Bake Honey Bourbon BBQ Ribs Whole Potatoes w/ Parsley Choice of Bread w/ Margarine Buttered Peas Tropical Fruit Tossed Salad/Dressing Italian Lemon Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Beef Pot Roast Breaded Shrimp Hashbrown Casserole Choice of Bread w/ Margarine Corn Carrots, Potatoes, Celery (Roast) Pears Coleslaw Turtle Cheesecake Milk, Coffee, Tea, Hot Cocoa	Chicken Scampi Ham w/ Pineapple Chutney Mashed Twice Baked Potatoes Choice of Bread w/ Margarine Cascade Vegetables Sunshine Salad Spinach & Strawberry Salad Dutch Apple Pie Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Garlic Herb Tilapia Roast Beef Mashed Potatoes & Gravy Wild Rice Choice of Bread w/ Marg Broccoli & Cauliflower Sweet Garlic Carrots Peaches Pear Ginger Upside Down Cake Milk, Coffee, Tea, Hot Cocoa	Meatloaf Macaroni & Cheese Mashed Potatoes & Gravy Choice of Bread w/ Margarine Sicilian Vegetables Baked Onions Apple Bacon Coleslaw Tossed Salad Assorted Pies Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Beef Barley Soup Escaloped Chicken & Noodles Ham Salad Normandy Blend Apricots Vanilla Pudding Milk, Coffee, Tea, Hot Cocoa	Pasta Fajoli Soup Philly Cheesesteak Sandwich Egg Salad Green Beans Pears Birthday Cake Ice Cream Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Broccoli Cheddar Soup Baked Chicken Legs Tuna Salad Diced Carrots Mashed Potatoes & Gravy Fruit Cocktail Chocolate Éclair Milk, Coffee, Tea, Hot Cocoa	French Onion Soup BLT Beef Salad Nantucket Blend Vegetables Potato Salad Dreamsicle Gelatin Sugar Free Jello Milk, Coffee, Tea, Hot Cocoa	Cream of Potato Soup Broccoli Rice & Cheese Cass Tuna Salad Mixed Vegetables Apricots Chocolate Chip Cookie Milk, Coffee, Tea, Hot Cocoa	Asiago Cheese Soup Turkey & Noodle Casserole Egg Salad Chuckwagon Corn Mandarin Oranges Butterscotch Pudding Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Minestrone Iowa Maid Rite Onion Rings French Green Beans Pears Cottage Cheese Frosted Cupcake SF Pudding/ Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa