

Eastern Star Masonic Home

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Cream of Rice Choice of Cold Cereal Choice of Toast Donuts Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Fried Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs w/ Cheese Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	French Toast Sliced Bacon Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Cheddar Cheese Omlelet Choice of Cold Cereal Choice of Toast Bagel with Cream Cheese Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Eggs Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Sliced Ham Turkey Breast Sweet Potatoes Mashed Potatoes & Gravy Peas & Pearl Onions Caribbean Vegetables Apricot Gelatin SF Gelatin Tossed Salad Assorted Pies Milk, Coffee, Tea, Hot Cocoa	Parmesan Pork Chop Beef Fajitas Mashed Potatoes & Gravy Spanish Rice Pacific Blend Vegetables Fruit Salad Toss Salad/Dressing Homemade Chocolate Chip Bar Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	BBQ Pork Wing Italian Chicken Breast Mashed Potatoes & Gravy Choice of Bread w/ Marg Corn Broccoli w/ Cheese Coleslaw Tossed Salad Peach Crisp Milk, Coffee, Tea, Hot Cocoa	Beef Burgundy over Steamed Rice Stuffed Green Peppers Scalloped Potatoes Choice of Bread w/ Margarine Malibu Blend Banana Orange Cup Tossed Salad Fluffy Lemon Angel Dessert Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Marinated Pork Loin Swiss Steak Mashed Potatoes & Gravy Choice of Bread w/ Marg Cooked Cabbage Green Beans Emerald Pears Tossed Salad Strawberry Rhubarb Pie Milk, Coffee, Tea, Hot Cocoa	Beef Pot Roast Scrod Cod Red Potatoes w/ Vegetables Choice of Bread w/Margarine Cauliflower Cherry Gelatin Tossed Salad Drum Stix Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Meatloaf Honey Mustard Chicken Breast Choice of Bread w/ Marg Buttered Beans Cascade Vegetables Creamy Cucumber Salad Tossed Salad Frosted Yellow Cake Milk, Coffee, Tea, Hot Cocoa
D i n n e r	Minestrone Soup Hot Roast Beef Sandwich Mashed Potatoes & Gravy Harvard Diced Beets Three Bean Salad Cottage Cheese Jello Cubes with Topping Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	California Medley Soup Bowtie Chicken Pasta Alfredo Build your own Sandwich Asparagus Winter Mix Apricots Fruited Yogurt Snickerdoodle Cookie Milk, Coffee, Tea, Hot Cocoa	Chicken & Dumpling Soup Cheeseburger Chicken Salad Sidewinder Fries Green Beans Pears Frosted Cupcake Milk, Coffee, Tea, Hot Cocoa	Tomato Soup Grilled Cheese Sandwich Beef Salad Capri Vegetables Fruit Cocktail Cottage Cheese Chocolate No Bakes Milk, Coffee, Tea, Hot Cocoa	Chili and Cornbread Sliced Roast Beef Tuna Salad Mixed Vegetables Mandarin Oranges Cottage Cheese Blonde Peanut Butter Brownies Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Vegetarian Vegetable Soup Chicken ala King over Biscuit Egg Salad Peas Peaches Cottage Cheese Lemon Cheesecake Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Cheddar Baked Potato Soup Turkey, Broccoli & Rice Augratin Ham Salad Carrots Asian Blend Vegetables Pears Vanilla Pudding w/ Wafer Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa