

Eastern Star Masonic Home

Week 5	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B r e a k f a s t	Scrambled Eggs Hard Cooked Egg Cream of Wheat Choice of Cold Cereal Choice of Toast Assorted Danish Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Fried Egg Sasuage Links Choice of Cold Cereal Choice of Toast Cinnamon Bread Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Pancakes Bacon Choice of Cold Cereal Choice of Toast Variety of Juices Appple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Hard Cooked Egg Scrambled Eggs w/ Cheese Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa Cinnamon Rolls	French Toast Sausage Patty Choice Of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Scrambled Egg w/ Cheese Hard Cooked Egg Oatmeal Choice of Cold Cereal Choice of Juice Choice of Toast Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa	Sausage Gravy & Biscuit Hard Cooked Egg Choice of Cold Cereal Choice of Toast Variety of Juices Apple/Banana/Orange/Prunes Milk, Coffee, Tea, Hot Cocoa
L u n c h	Parmesan Pork Chop Sliced Roast Beef Mashed Potatoes & Gravy Carrots Riviera Vegetables Watergate Salad Toss Salad/Dressing Lemon Crunch Pie Dinner Roll Milk, Coffee, Tea, Hot Cocoa	Apricot Glazed Pork Loin Chicken w/ Mushroom Sauce Scalloped Potatoes Choice of Bread w/ Margarine Corn Sugar Snap Peas Peaches Toss Salad/Dressing Starburst Poke Cake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Lasagna/ Garlic Bread Sliced Ham Yams Choice of Bread w/ Margarine Broccoli Spinach Orange Crème Fruit Salad Tossed Salad/Dressing Banana Bar w/ Cream Cheese Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Beef Pot Roast Breaded Shrimp Hashbrown Casserole Choice of Bread w/ Margarine Green Beans Red Potatoes & Carrots Pears Tossed Salad/Dressing Chocolate Mousse w/ Whip Topping Milk, Coffee, Tea, Hot Cocoa	Citrus Glazed Ham Turkey Breast Mashed Potatoes & Gravy Choice of Bread w/ Margarine Corn Brussel Sprouts Peaches Spinach & Strawberry Salad Chocolate Cheesecake Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Creamy Swiss Steak Beer Battered Tilapia Seasoned Rice Mashed Potatoes & Gravy Choice of Bread w/ Marg Asparagus Sweet Garlic Carrots Sunshine Salad Tossed Salad Strawberry Ice Cream Milk, Coffee, Tea, Hot Cocoa	Meatloaf Pork Cutlet with Sauce Mashed Potatoes & Gravy Choice of Bread w/ Margarine Italian Vegetables Baked Onions Pea & Cauliflower Salad Tossed Salad Peach Cobbler Cake Milk, Coffee, Tea, Hot Cocoa
D i n e r	Harvest Vegetable Carrot Soup Chili Dog Egg Salad Normandy Blend Potato Chips Ice Cream Sandwich Cottage Cheese Milk, Coffee, Tea, Hot Cocoa	Mushroom & Onion Bisque Cheeseburger Casserole Ham & Swiss Sandwich Green Beans Pears w/ Cottage Cheese Dirt Pudding Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Asiago Cheese Soup Baked Chicken Legs Tuna Salad Diced Carrots Mashed Potatoes & Gravy Fruit Cocktail Snickerdoodle Cookies SF Pudding/Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Vegetarian Vegetable Soup Smoked Sausage Pasta Skillet Ham Salad Cauliflower with Cheese Mixed Fruit Dreamscicle Gelatin Sugar Free Jello Cottage Cheese Milk, Coffee, Tea, Hot Cocoa	Cream of Tomato Soup Grilled Cheese Sandwich Beef Salad Diced Beets Mixed Vegetables Apricots Butterscotch Pudding Sugar Free Pudding Milk, Coffee, Tea, Hot Cocoa	Broccoli Cheddar Ham Soup Tuna Casserole Chicken Salad Malibu Blend Vegetables Peaches Frosted Chocolate Cupcake Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa	Vegetable Beef Barley Soup French Onion Chicken Casserole French Green Beans Creamed Corn Pears Cottage Cheese Peanut Butter Cookie SF Pudding/ Fruited Yogurt Milk, Coffee, Tea, Hot Cocoa