

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# October 2022

2<sup>nd</sup> Floor



1						
Independent Activities						
2	3	4	5	6	7	8
Independent Activities	10:30 Exercise Class 2:00 Piano Man in chapel	10:00 Chats & Songs w/ Linda 1:00 DIY Lotion 4:00 Social Hour <small>Yom Kippur Begins</small>	10:30 Exercise Class 2:00 Bingo	10:00 Coffee & Ledges Chat w/ Linda 2:00 Outside in Courtyard(Weather Permitting)	10:30 Exercise Class 2:00 Bingo	Independent Activities
9	10	11	12	13	14	15
Independent Activities <small>Sukkot Begins</small>	10:30 Exercise Class 1:00 Halloween Craft <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	10:00 Chats & Songs w/ Linda 2:00 Pizza Party 4:00 Social Hour	10:30 Exercise Class 2:30 Jewels Music in Chapel	10:00 Coffee Cart 1:00 Manicures	10:30 Exercise Class 2:00 Ledges	Independent Activities
16	17	18	19	20	21	22
Independent Activities	10:30 Exercise Class 2:00 Pumpkin Painting <small>Simchat Torah Begins</small>	9:00 Roger Smith Baptist Church 10:00 Chats & Songs w/ Linda 4:00 Social Hour	10:30 Exercise Class 2:00 Bingo	10:00 Coffee & Chat w/ Linda 2:00 Outside in Courtyard(Weather Permitting)	10:30 Exercise Class 2:00 Bingo	Independent Activities
23	24	25	26	27	28	29
Independent Activities	10:30 Exercise Class 2:00 October Birthday Party <small>Diwali (Hindi)</small>	10:00 Chats & Songs w/ Linda 2:00 Merry Makers 4:00 Social Hour	10:30 Exercise Class 2:00 Bingo	10:00 Coffee Cart 1:00 Manicures	10:30 Exercise Class 2:00 Ledges	Independent Activities
30	31					
Independent Activities	10:30 Exercise Class 2:00 Halloween Party <small>Halloween</small>					

\*Activities are subject to change