

Evening Meal

Eastern Star Home FW 2022-2023

November/2022

Month At a Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CREAM OF TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH MARINATED CUCUMBERS PEACHES MILK	2 THAI BEEF & NOODLES VEGETABLE BLEND BREAD/MARG PEARS MILK	3 VEGETABLE BEEF SOUP CRACKERS HARVEST SALAD W/ APPLE CIDER VINAIGRETTE APRICOTS MILK	4 CHICKEN & WILD RICE CASSEROLE CARROTS PINEAPPLE MILK	5 HAMBURGER ON BUN SPECIAL SAUCE POTATO WEDGES FRUIT COOKIE MILK
6 CRISPY EMPANADA SHREDDED LETTUCE/TOMATO REFRIED BEANS W/ CHEESE CINNAMON APPLESAUCE COOKIE MILK	7 CHICKEN NOODLE SOUP CRACKERS GRILLED CHEESE SANDWICH JELLO DELIGHT 2% MILK	8 CHEESEBURGER ON BUN LETTUCE /TOMATO /ONION POTATO WEDGES PEARS MILK	9 COWBOY BEANS CHEDDAR GARLIC BISCUIT CHOP-CHOP SALAD FLUFFY FRUIT DESSERT MILK	10 HOMEMADE CHILI SHREDDED CHEESE/DICED ONION CRACKERS CINNAMON ROLL TOSSED GREENS W/ DRSG PINEAPPLE MILK	11 3 CHEESE PIZZA CREAMY COLESLAW RICE KRISPIE SQUARE MILK	12 SOUP OF THE DAY CRACKERS COLD CUT SANDWICH LETTUCE & TOMATO SLICE POTATO CHIPS MANDARIN ORANGES MILK
13 IOWA MAID-RITES DILL PICKLE SPEAR MINI SWEET POTATO PUFFS PEACHES MILK	14 CREAMY WILD RICE SOUP EGG SALAD ON CROISSANT LETTUCE & TOMATO SLICE PEARS MILK	15 CHICKEN TENDERS MASHED POTATOES GRAVY BUTTERED PEAS BREAD/MARG BERRY CUP MILK	16 TURKEY & DUMPLINGS TOSSED GREENS W/ DRSG BREAD/MARG APRICOTS MILK	17 HAM AND BEAN SOUP COTTAGE CHEESE / FRUIT CORNBREAD BISCUIT MARINATED CUCUMBERS COOKIE MILK	18 PIZZA BURGER TATER TOTS CORN CHEF'S CHOICE OF FRUIT MILK	19 CHICKEN FAJITA SALAD TORTILLA CHIPS QUESO MANDARIN ORANGES MILK
20 BAKED SPAGHETTI ITALIAN BLEND VEGETABLES PEACHES MILK	21 CHEESY VEGETABLE SOUP DELI CROISSANT POTATO CHIPS FRUIT MIX MILK	22 AUTUMN CHICKEN SANDWICH TATER TOTS CLASSIC PEA SALAD ROSY APPLESAUCE MILK	23 PINEAPPLE BBQ MEATBALLS AU GRATIN POTATOES BROCCOLI FLORETS BREAD/MARG PEARS MILK	24 GRILLED RACHEL SANDWICH FRIED POTATOES CORN FROSTED PEACH CAKE MILK	25 SHREDDED PORK TACOS W/ LETTUCE & TOMATOES MEXICAN TATER TOTS REFRIED BEANS MANDARIN ORANGES MILK	26 CHILI DOG ON BUN RANCH POTATO WEDGES APRICOTS MILK
27 BREAKFAST FOR DINNER CHOICE OF BREAD CHOICE OF FRUIT OR VEGETABLE JUICE FRUIT MILK	28 GRILLED HAM & CHEESE ON RYE ROASTED CAULIFLOWER FRUIT CUP MILK	29 CREAM OF TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH MARINATED CUCUMBERS PEACHES MILK	30 THAI BEEF & NOODLES VEGETABLE BLEND BREAD/MARG PEARS MILK			