

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026
Health Care

				1 10:00 New Years Day Parade On ABC New Year's Day	2 9:30 Exercise Class 10:00 Coffee Chat 2:00 Bingo	3 Activities From 10:15 Coffee Chat And Music In Activities Room With Hailey
4 Independent Activities	5 9:30 Exercise Class 10:00 Secret Lives Of Birds 2:00 Bingo	6 9:30 Exercise Class 10:00 Bake Club 2:00 Movie	7 9:30 Exercise Class 10:00 Chapel 2:00 Comedy Hour	8 9:30 Exercise Class 10:00 News Huddle 2:15 Music With Bob Sling-Chapel	9 9:30 Exercise Class 10:00 Coffee Chat 2:00 Bingo	10 Activities From 10:15 Coffee Chat And Music In Activities Room With Patty
11 Independent Activities	12 9:30 Exercise Class 10:00 Manicures 2:00 Bingo	13 9:30 Exercise Class 10:00 Bio. On Steven Foster 2:00 Arts & Crafts	14 9:30 Exercise Class 10:00 Chapel 2:00 January Birthday Party	15 9:30 Exercise Class 10:00 50 Wild Facts Of Iowa 2:00 Happy Hour	16 9:30 Exercise Class 10:00 Coffee Chat 2:00 Bingo	17 Activities From 10:15 Coffee Chat And Music In Activities Room With Hailey
18 Independent Activities	19 9:30 Exercise Class 10:00 Balloon Volley 2:00 Bingo Martin Luther King Jr. Day	20 9:30 Exercise Class 10:00 Dominos 2:00 Bingo	21 9:30 Exercise Class 10:00 Chapel 2:00 Travel lub	22 9:30 Exercise Class 10:00 Coffee Chat 2:00 Music With Dukes Of Haggard	23 9:30 Exercise Class 10:00 Resident Council & Coffee Chat 2:00 Bingo	24 Activities From 10:15 Coffee Chat And Music In Activities Room Patty
25 Independent Activities	26 9:30 Exercise Class 10:00 Making Squirrel Treats 2:00 Bingo Australia Day (Observed)	27 9:30 Exercise Class 10:00 Manicures 2:00 Bingo	28 9:30 Exercise Class 10:00 Chapel 2:00 Arts & Crafts	29 9:30 Exercise Class 10:00 Noodle Volley 2:00 Bingo	30 9:30 Exercise Class 10:00 Coffee & Chat 2:00 Make Your Own Sundae	31 Activities From 10:15 Coffee Chat And Music In Activities Room Hailey

Activities Are Subject To Change.