

| Sunday                                                                                                                                                                                                           | Monday                                                                                   | Tuesday                                                                                                                                                      | Wednesday                                                                     | Thursday                                                                                             | Friday                                                                | Saturday                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|---------------------------------------------------------------------------------------|
|  <h1>November 2025</h1> <h2>Health Care</h2>  |                                                                                          |                                                                                                                                                              |                                                                               |                                                                                                      |                                                                       | <b>1</b><br>Activities From<br>10am To 1:30pm.                                        |
| <b>2</b><br>Independent<br>Activities<br><br><small>Daylight Saving Time Ends</small>                                                                                                                            | <b>3</b><br>9:30 Exercise<br>10:00 Trivia<br>11:00 Music With<br>Rev. Mead<br>2:00 Bingo | <b>4</b><br>9:30 Exercise<br>10:00 Manicures<br>2:00 Arts & Crafts                                                                                           | <b>5</b><br>9:30 Exercise<br>10:00 Chapel<br>2:00 Comedy<br>Hour              | <b>6</b><br>9:30 Exercise<br>10:00 Nature<br>Show<br>2:00 Music With<br>Dave, Dave &<br>Steve-Chapel | <b>7</b><br>9:30 Exercise<br>10:00 Coffee Chat<br>2:00 Bingo          | <b>8</b><br>Activities From<br>10am To 1:30pm.                                        |
| <b>9</b><br>Independent<br>Activities                                                                                                                                                                            | <b>10</b><br>9:30 Exercise<br>10:00 Coffee Chat<br>2:00 Bingo                            | <b>11</b><br>9:30 Exercise<br>10:00 Balloon<br>Volley<br>2:00 Veteran's<br>Day Program<br>Chapel<br><small>Veterans Day<br/>Remembrance Day (Canada)</small> | <b>12</b><br>9:30 Exercise<br>10:00 Chapel<br>2:00 Travel Club                | <b>13</b><br>9:30 Exercise<br>10:00 News<br>Huddle<br>2:00 Bingo                                     | <b>14</b><br>9:30 Exercise<br>10:00 Coffee Chat<br>2:00 Happy Hour    | <b>15</b><br>Activities From<br>10am To 1:30pm.                                       |
| <b>16</b><br>Independent<br>Activities                                                                                                                                                                           | <b>17</b><br>9:30 Exercise<br>10:00<br>Documentary-<br>John Muir<br>2:00 Bingo           | <b>18</b><br>9:30 Exercise<br>10:00 Manicures<br>2:00 Movie                                                                                                  | <b>19</b><br>9:30 Exercise<br>10:00 Chapel<br>2:00 November<br>Birthday Party | <b>20</b><br>9:30 Exercise<br>10:00 Coffee Chat<br>2:00 Music With<br>Dukes Of Haggard<br>Chapel     | <b>21</b><br>9:30 Exercise<br>10:00 Resident<br>Council<br>2:00 Bingo | <b>22</b><br>Activities From<br>10am To 1:30pm.                                       |
| <b>23</b><br>Independent<br>Activities                                                                                                                                                                           | <b>24</b><br>9:30 Exercise<br>10:00 Balloon<br>Volley<br>2:00 Bingo                      | <b>25</b><br>9:30 Exercise<br>10:00 Bake Club<br>2:00 Decorate<br>Cookies                                                                                    | <b>26</b><br>9:30 Exercise<br>10:00 Chapel<br>2:00 Thankful<br>Party          | <b>27</b><br>9:30 Macy's Day<br>Parade-NBC<br><br><small>Thanksgiving Day (U.S.)</small>             | <b>28</b><br>9:30 Exercise<br>10:00 Coffee Chat<br>2:00 Bingo         | <b>29</b><br>Activities From<br>10am To 1:30pm.                                       |
| <b>30</b><br>Independent<br>Activities                                                                                                                                                                           |       |                                                                                                                                                              |                                                                               |                                                                                                      |                                                                       |  |

Activities Are Subject To Change.