

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2023
2nd Floor

| | | | | | | |
|--|--|---|---|---|---|------------------------------|
| | | | 1 10:30 Exercise Class 1:30 Bingo | 2 10:00 Coffee & Chat w/ Linda 2:00 St. Patrick's Day Craft | 3 10:30 Exercise Class 1:00 Ice Cream Sundaes | 4 Independent Activities |
| 5 Independent Activities | 6 10:30 Exercise Class 4:00 Social Hour <small>Purim Begins</small> | 7 10:00 Chats & Songs w/ Linda 2:00 St. Patrick's Day Craft | 8 10:30 Exercise Class 1:30 Bingo | 9 10:00 Coffee Cart 1:00 Manicures | 10 10:30 Exercise Class 1:00 National Popcorn Lovers Day | 11 Independent Activities |
| 12 Independent Activities <small>Daylight Saving Time Begins</small> | 13 10:30 Exercise Class 2:00 Des Moines Playhouse Live Music | 14 10:00 Chats & Songs w/ Linda 4:00 Social Hour | 15 10:30 Exercise Class 1:30 Bingo | 16 10:00 Coffee & Chat w/ Linda 2:00 Easter Egg Craft | 17 10:30 Exercise Class 2:00 St. Patrick's Day Party <small>St. Patrick's Day</small> | 18 Independent Activities |
| 19 Independent Activities | 20 10:30 Exercise Class 4:00 Social Hour <small>Spring Begins</small> | 21 10:00 Chats & Songs w/ Linda 2:00 Seed Garden | 22 10:30 Exercise Class 1:30 Bingo <small>Ramadan Begins</small> | 23 10:00 Coffee Cart 1:00 Manicures | 24 10:30 Exercise Class 1:30 Bingo | 25 Independent Activities |
| 26 Independent Activities | 27 10:30 Exercise Class 4:00 Social Hour | 28 10:00 Chats & Songs w/ Linda 2:00 Bulb Garden | 29 10:30 Exercise Class 1:30 Bingo | 30 10:00 Coffee & Chat w/ Linda 2:00 Easter Craft | 31 10:30 Exercise Class 1:00 Table Game Day | |